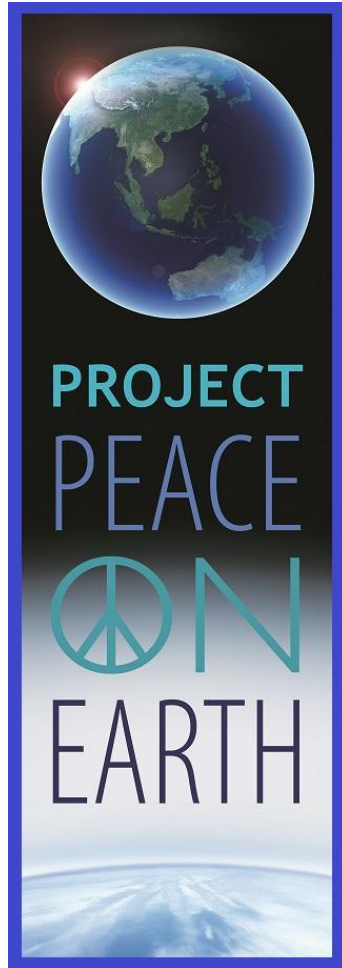


# *Project Peace on Earth*

## Personal Development & Spiritual Growth Plan



Spring 2012  
Project Peace on Earth, LLC  
Copyright 2012 Steve Robertson



## Personal Development and Spiritual Growth Goal Setting Outline

**Project Peace on Earth** invites you to personally be involved in bringing world peace to fruition. Taking the first step towards outer peace for the entire world begins simply....it starts with your own personal inner peace.

We invite you to print these pages out for your own use. We offer you the beautiful and inspirational gifts of free music down loads and meditative gifts which are available on our Project Peace on Earth website.

Begin the walk towards true inner peace, and in that process, we join you in that step towards global peace by uniting all of us together in resounding unity towards our common goal..... peace.

In Kindness,

Steve Robertson- Founder and CEO, **Project Peace on Earth**

## AFFIRMATION OF THE I AM

By Steve Robertson

The infinite creative power of GOD is within me – *aham brahmasmi*. I AM one with Divine Will attuned to and reflecting the purpose and creative possibilities of GOD working through me – *san kalpa*. My life is great, good, miraculous, joyous, peaceful, and abundantly prosperous when I serve and treat others with loving care – *tat tuamasi*. Divine ideas are delivered to me and GOD provides me with the means of manifesting them into reality – *san kalpa*. I AM the Son of GOD from whom all things originate and infinite possibility is manifest – *san kalpa*. My life is filled with creativity, achievement, infinite possibilities, abundance, and prosperity – *san kalpa, shiva shakti*. I choose powerfully from the present moment, thinking and acting with love – *sat chit ananda*. The truth of God's Divine Love and Plan for His Will expressed through me is at the center of my consciousness - *ritam*. I AM the space from which ALL things easefully manifest with grace so that the highest good for all is served – *ritam, aham brahmasmee*. I AM open, innocent, powerful, courageous, and abundantly prosperous in manifesting each of my goals – *ritam*. I AM one with SOURCE easefully ATTRACTING: ALL LOVE, ALL JOY, ALL PEACE, ALL TRUTH, ALL WISDOM, ALL COMPASSION, ALL FAITH, ALL HEALTH AND FITNESS, ALL BEAUTY, ALL INTEGRITY, ALL JUSTICE, ALL ABUNDANCE and FINANCIAL PROSPERITY – *sat chit ananda, moksha*. GOD in me and through me is at this very moment answering all of my prayers and creative impulses easily and effortlessly attracting to me all of the money and resources required to bring my ideas into complete form – *san kalpa*. I AM filled to a joyous overflowing with the power, abundance and financial prosperity, and love of GOD – *shiva shakti*. I AM in creative and financial partnerships with kind, loving, amazingly creative, talented, and wealthy people of honor and integrity, who fully support, honor, respect, appreciate, love, and adore me, as well as, the ideas and projects I create. My business partners eagerly invest all the necessary money into each of my projects bringing each idea into reality so that they serve others, and are enormously profitable. My partners and I generate great returns on investment for all who have believed in and have invested in each idea. We graciously, joyously, and generously serve humanity. I give thanks for all of these great blessings which manifest under grace, in a perfect way, and always serve the highest good of love and others. Thank you Father. So be it. Amen.

## Personal Goal Setting Outline

- 1) Make a decision – Self-discipline is doing what is required to do, doing it when it is required, even if you don't feel like it.
  - 2) Develop clear goals and objectives – Be very, very clear about what you want to accomplish.
- H.L. Hunt – “Determine exactly what it is you want. Then determine the price you'll have to pay to get it. Resolve to pay that price.”

## Goal Setting Formula

- 1) Decide exactly what it is in each part of your life. (Earnings, weight, relationships, etc.)
- 2) Write your goals down.
- 3) Set deadlines for each goal. – Big goals – sub milestones.
- 4) Make list of everything you'll have to do to achieve each goal – add new tasks as they come to mind
- 5) Organize your list into a plan. Prioritize the list. Write the plan into a blueprint.

## 11 Goals in 12 Months

- 1) Write each goal in the present tense even if perhaps, a year has passed and you've already achieved the goal. Begin with an affirmative statement, “I am.....”
- 2) Ask yourself the question, what one goal, if I achieved it right now, would have the greatest positive impact on my life? Put a circle around this goal. Begin a new sheet of paper and repeat steps A through E listed below. Become intensely goal oriented. Read, review, and rewrite these goals daily. Continually look for better ways to achieve them.
- 3) Plan every day in advance. Use the Six P's – Prior, Proper, Planning, Prevents, Poor, Performance – Remember that 10% of planning yields 90% return on the time necessary to accomplish a goal.
- 4) Use the A B C D E method of setting priorities. Select the most valuable task and work on it until complete. Determine the highest priority task based upon the perspective of consequences.
  - A – Very important – serious consequences for either doing or not doing
  - B – Should do but not as important as an A. Have some consequences but none that are substantial
  - C – Nice to do but zero consequence

# PROJECT PEACE ON EARTH

- D – Item that is delegated
- E – Eliminate – items that can be eliminated

## PERSONAL GOALS OUTLINE

1) **BE** Describes the intent and essence of the internal shift of who you are committing to BEING.

Example: Peaceful, Non-judgmental of others and myself, Supporting and serving of others.

2) **DO** Relates to the action items that you will take to in order to create the transformation you've committed to be.

Example: Meditate 11 minutes before going to bed and upon waking up, Keep a daily diary of every judgmental and word spoken about others. Review it at the end of each day and ask internally for forgiveness from each of the people, including myself that I judged. Speak wisely to all people from the present moment, encouraging them to see the highest and best good in all things and assist them to see and understand that what matters is not what happened but how lovingly and courageously we respond.

3) **HAVE** Describes the external or the material plane expression of your being and doing.

Example: Thoughts which are centered and grounded in the possibility of creating love and abundance. Give to others a joyous disposition that encourages and attracts the best in all people. A calming effect on others because they can always rely on me to help them see the positive in another person or situation and find an empowering win/win solution.

4) **WHY** Defines the why, FAILURE IS NOT AN OPTION, commitment to your goals of BEING, DOING, and HAVING. In other words, list in detail what your lack of action will cost you in self-image and respect, personal freedom, and material abundance if you don't follow through and accomplish the goals you've set forth.

# PROJECT PEACE ON EARTH

Example: If I don't achieve these goals what will I lose as a result? I'll feel constantly worried and unsure about my life and its outcome. This will always overshadow any possibility to feel and find happiness. I'll continue to look for and find fault in others as a way of helping me feel better about myself and my life therefore I'll live the life of a victim to whom bad things always seem to happen. I'll deny my responsibility for my life and can justifiably blame others and life in general for my misery.

Be very specific in how you describe things. If, as an example, it's a new home you want, describe the number of rooms it would have, its square footage, where it would be located and on how much acreage, the setting of the property, the feel of the home when you walk into it, what color it would be, how many car garage, etc.

## Personal Development and Spiritual Growth

BE	WHY	BY Date

"He who knows others is learned; He who knows himself is wise." – Lao-tzu

# PROJECT PEACE ON EARTH

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

"If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you." – Jesus, the Gnostic Gospels

**HAVE**

**WHY**

**By Date**

---

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

## Physical and Personal Health

**BE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

"All that we are is a result of what we have thought." – Buddha

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---



# PROJECT PEACE ON EARTH

**HAVE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

“All conditions and all circumstances in our lives are a result of a certain level of thinking. If we want to change the conditions and circumstances, we have to change the level of thinking that is responsible for it.” – Albert Einstein

## Education and Knowledge

**BE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

**HAVE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

## Creative and Artistic

**BE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

“The destiny of a person is connected with those things he himself creates and does.” – Rabbi Steinsaltz in the Kabbalistic 13th century

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

**HAVE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

“We create our own reality because of our inner emotional – our subconscious – reality draws us into those situations from which we learn. We experience it as strange things happening to us (and) we meet the people in our lives that we need to learn from. And so we create these circumstances at a very deep metaphysical and subconscious level.” – Astronaut Edgar Mitchell

## Relationships with my Wife/Husband and Family

**BE**

**WHY**

**BY Date**

---

---

---

# PROJECT PEACE ON EARTH

---

---

---

---

"Love thy neighbor as thyself" – Jesus

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

**HAVE**

**WHY**

**BY Date**

---

---

---

# PROJECT PEACE ON EARTH

---

---

---

---

## Financial Wealth

**BE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

“Proper visualization by the exercise of concentration and willpower enables us to materialize thoughts, not only as dreams or visions in the mental realm, but also as experiences in the material realm.” – Paramahansa Yogananda, author of Autobiography of a Yogi

# PROJECT PEACE ON EARTH

**DO**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

---

---

“And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.” – Mathew 21:22

**HAVE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

## Material Possessions

**BE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

---

---

“A man is not rightly conditioned until he is a happy, healthy, and prosperous being; and happiness, health, and prosperity are the result of a harmonious adjustment of the inner with the outer of the man with his surroundings.” James Allen

**DO**

**WHY**

**BY Date**

---

---

---

---



# PROJECT PEACE ON EARTH

---

---

---

---

Before we can do something or anything we must first be something." – Gurta, the German philosopher

**HAVE**

**WHY**

**BY Date**

---

---

---

---

---

---

---

---

---

---

# PROJECT PEACE ON EARTH

## INCOME

YEAR	ANNUAL INCOME	SAVINGS	INVESTMENTS	NETWORTH

# PROJECT PEACE ON EARTH

## HOMES

1

2

3

Location			
Acreage			
Description			
Square Footage			
# of Bedrooms			
Garage Size			
By When			

## CARS

1

2

3

Make			
Model			
Year			
Color			
By When			

# PROJECT PEACE ON EARTH

## FUN AND LUXURY ITEMS

	Motorcycles	Boats	Planes	Horses
Make				
Model				
Year (Age)				
By When				

## ANNUAL VACATION TRAVEL

	1	2	3
Location			
# of Days			
Budget			
By When			

# PROJECT PEACE ON EARTH

## ANNUAL WEEKEND GET AWAYS

Weekend Dates	Where	Budget